W/C 3rd Sept, 21st Sept, 12th Oct,

W1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN OPTION	Vegetable & Cheese Potato Bake	Creamy Cajun Chicken Pasta (Halal Option Available)	Roast Chicken & Yorkshire Pudding (Halal Option Available)	Pepperoni Pizza (Halal Option Available)	Fish Fingers
VEGGIE OPTION	Tomato & Basil Quiche	Arrabiatta Pasta Bake	Roasted Vegetable Filo Tart	Cheese & Tomato Pizza	Crispy Vegetable Nuggets
JACKETS	Jacket Potato with Beans or Cheese	Jacket Potato with Beans, Cheese or Tuna Mayo	No Jacket Wednesday	Jacket Potato with Beans, Cheese or Tuna Mayo	Jacket Potato with Beans, Cheese or Tuna Mayo
SIDES	Boiled Potatoes	Garlic Bread	Roasted Potatoes	Homemade Potato Wedges	Chips
	Broccoli	Sweetcorn	Carrots	Sweetcorn	Peas
			Cauliflower Cheese		
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
DESSERT	Apple Sponge & Custard	Sticky Banana Pancakes	Apricot Flapjack	Syrup Sponge & Custard	Homemade Caramel Biscuits
	Fresh Fruit, Jelly or Yoghurt	Fresh Fruit, Jelly or Yoghurt	Fresh Fruit, Jelly or Yoghurt	Fresh Fruit, Jelly or Yoghurt	Fresh Fruit, Jelly or Yoghurt

WEEK ONE

WELCOME TO THE FERRARS ACADEMY

We Learn and Grow Together
The Ferrars Academy

Whilst we try to ensure full availability we may at times have to change the menu at short notice.