W/C 14th Sept, 5th Oct

W3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN OPTION	Samosa	Chicken Lasagne (Halal Option Available)	Roast Chicken & Yorkshire Pudding (Halal option available)	Pepperoni Pizza (Halal Option Available)	Fish Fingers
VEGGIE OPTION	Cheese Flan	Cheese & Tomato Pasta	Vegetable Cottage Pie	Cheese & Tomato Pizza	Vegetarian Sausage Roll
JACKETS	Jacket Potato with Beans or Cheese	No Jacket Tuesday	No Jacket Wednesday	Jacket Potato with Beans, Cheese or Tuna Mayo	Jacket Potato with Beans, Cheese or Tuna Mayo
SIDES	Diced Potatoes	Garlic Bread	Roasted Potatoes	Wedges	Chips
	Sweetcorn	Broccoli	Carrots	Sweetcorn	Peas
			Cabbage		
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
DESSERT	Apple Pie & Custard	White Chocolate & Raspberry Slice	Tutti Fruity Sponge & Custard	Banana Flapjack	Chocolate Cookie
	Fresh Fruit, Jelly or Yoghurt	Fresh Fruit, Jelly or Yoghurt	Fresh Fruit, Jelly or Yoghurt	Fresh Fruit, Jelly or Yoghurt	Fresh Fruit, Jelly or Yoghurt

WEEK THREE

WELCOME TO THE FERRARS ACADEMY

We Learn and Grow Together
The Ferrars Academy

Whilst we try to ensure full availability we may at times have to change the menu at short notice.